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| OPIOID EMERGENCY ACTION PLAN **SIGNS OF AN OPIOID EMERGENCY*** **UNRESPONSIVENESS**

***Cannot wake up with a loud voice or by rubbing firmly on the middle of their chest**** **PINPOINT PUPILS *The black circle in the center of the colored part of the eye (pupil) is very small***
* **SLOWED or STOPPED BREATHING**
* **PURPLE OR BLUE COLOR TO LIPS AND FINGERNAILS**
* **CLAMMY SKIN**
* **PALE FACE**
* **LIMP BODY**
* **VOMITING**

 **Only a few signs may be present. However, they can get worse quickly and can be life threatening.** **ACT FAST!** | **Accidental Opioid emergencies can cause life-threatening breathing problems.** ***Have Naloxone available at all times*****HAVE AN OPIOID EMERGENCY PLAN IN PLACE****Educate and prepare family members, friends or caregivers by making sure they** * ***Know the signs of an opioid emergency***
* ***Know the instructions for preparing and using Naloxone***
* ***Know where naloxone is kept in case of an emergency***

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| This Action Plan is for:  | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Opioid(s) Used:  | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Other “medications” that increase my risk are… | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| My “conditions” that increase my risks are… | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| “I keep my Naloxone” … | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

**If you have questions or need a replacement naloxone please contact us at** INSERT PHONE OR CONTACT INFORMATIONINSERT Pharmacy LOGO HERE

|  |
| --- |
| **EMERGENCY ACTION STEPS** |
| 1. **CALL 911**
 |
| 1. **GIVE NALOXONE**

**(Type:** [ ]  **Nasal spray** [ ]  **Nasal spray with assembly** [ ]  **Injectable naloxone**  |
| 1. **REPEAT in 3 minutes if no response**
 |
| 1. **Do rescue breathing or chest compressions**
 |
| 1. **Stay with person until help arrives**
 |

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Accessed from the SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH

<https://prescribetoprevent.org/wp2015/wp-content/uploads/NaloxonePatientFlyer_SFDPH_2016.pdf>

**Injectable naloxone – ZIMHI™**

 

Accessed from ZIMHI/Pharmacists/How to Use <https://zimhi.com/pharmacists-how-to-use-zimhi> /

